



Wisconsin's Foster Care Medical Home



WI CAN Lecture
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I have no relevant financial relationships to disclose.

DISCLOSURES

Objectives

- To understand the unique health care needs of children in foster care
- To understand the importance of a Medical Home for children in foster care
- To discuss Care4Kids, Wisconsin's Foster Care Medical Home Program

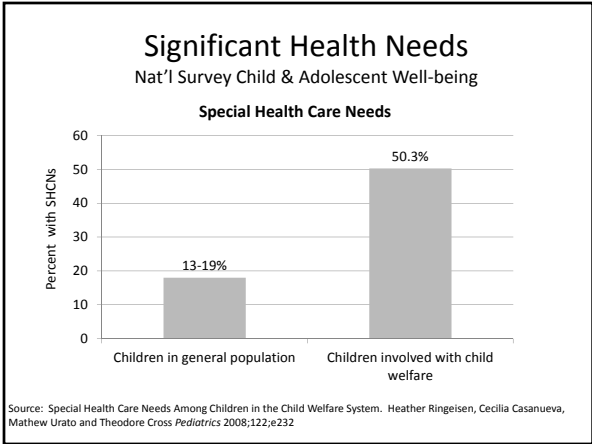
HEALTH CARE NEEDS FOR CHILDREN IN FOSTER CARE

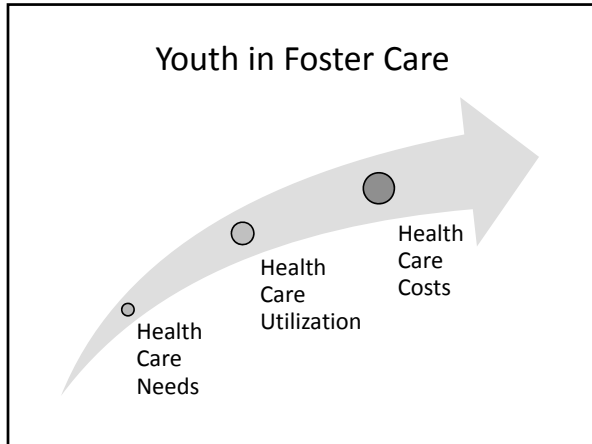
Significant Health Needs

National

- 50% have chronic physical problems
- 30-80% have developmental/educational delays
- 60-70% have mental health conditions
- 35% have significant dental and oral health problems
- 10% are medically fragile

Source: AAP Healthy Foster Care America
Cohen E, Kuo DZ, Agrawal R, et al. Children with medical complexity: An emerging population for clinical and research initiatives. Pediatrics. 2011;127(3):529-538.



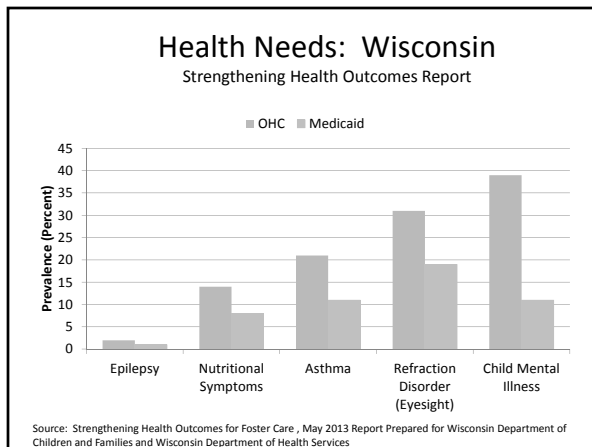


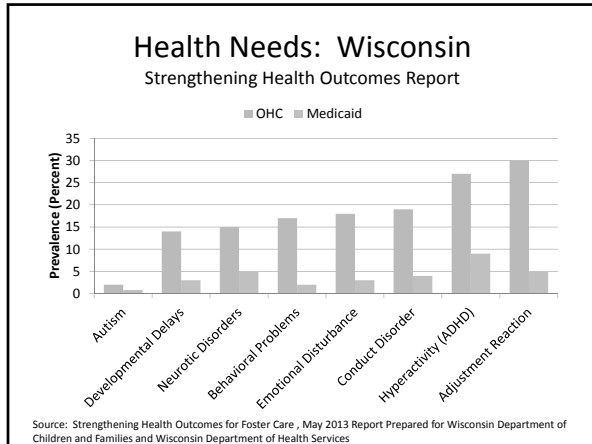
High Health Expenditures

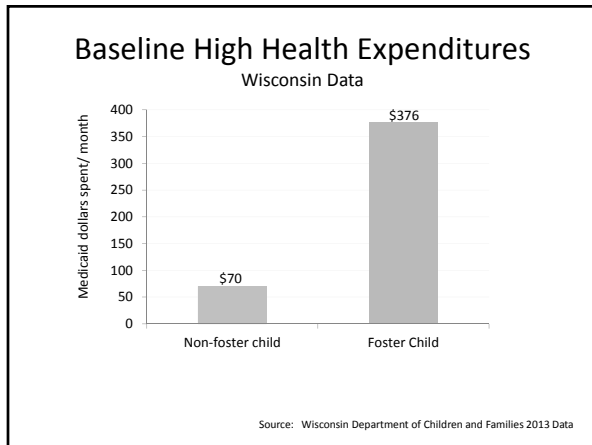
National Data

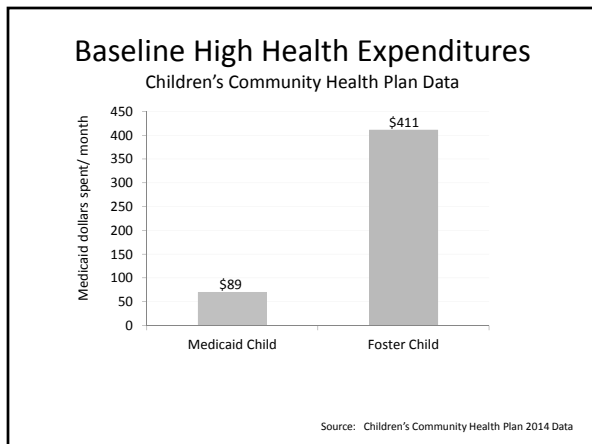
1. Children in foster care represent 3.7% of children enrolled in Medicaid but account for:
 - 12.3% of total expenditures
 - >25% of mental health expenditures
2. Average Medicaid costs- physical health
 - Income eligible: \$2052
 - Foster Care: \$4036
3. A 2008 study showed MH expenditures for children in foster care are 12x greater than costs for non-foster children

Source: 2011 CWLA - The Future of Medicaid and Child Welfare Report
K. Allen. Medicaid Managed Care for Children in Child Welfare. Center for Health Care Strategies, Inc, Issue Brief, April 2008.
American Academy of Pediatrics

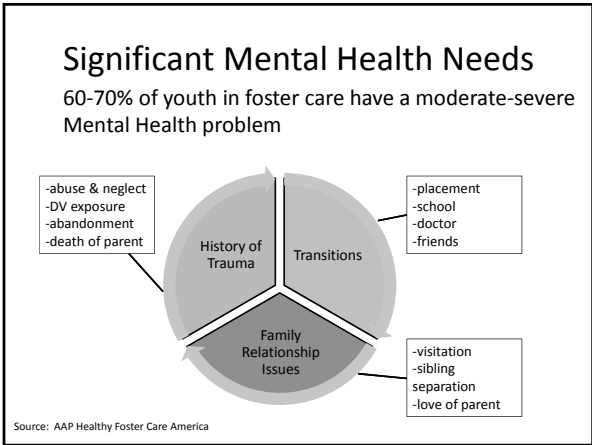


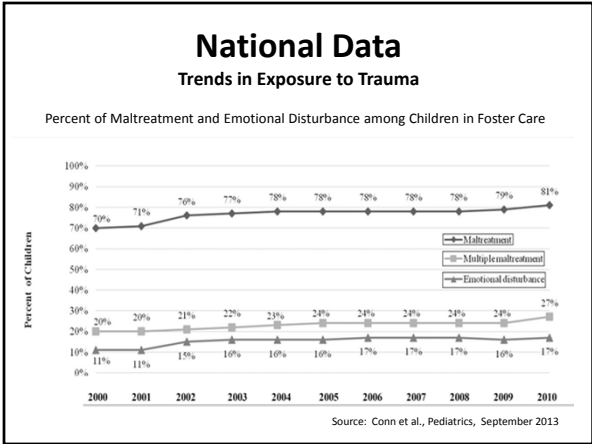


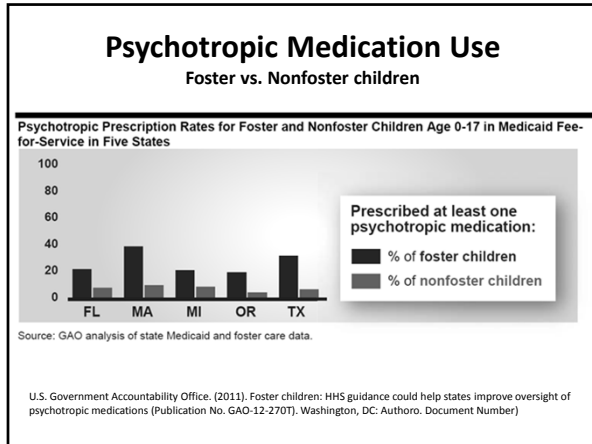


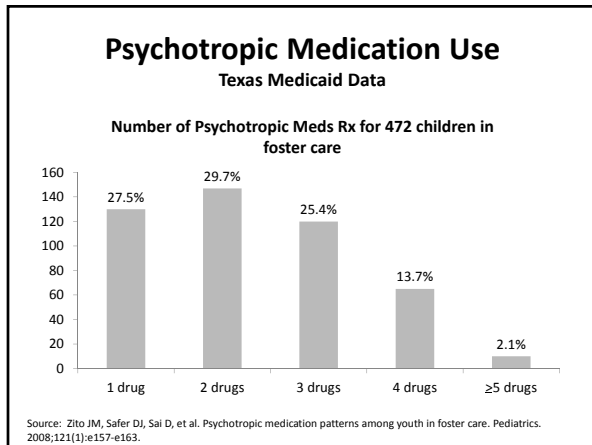


MENTAL HEALTH NEEDS









THE MEDICAL HOME

What is a Medical Home?

Patient Centered Medical Home

- Health care that is provided through a partnership with the medical team and the family
- A system of care delivery that recognizes that parents and families are the primary caregivers, and know their child's health care needs best
- The place that houses the child's medical information, and coordinates all medical needs
- Key component is health care coordination
- Overall goal is improved health
- Medical Home = a **partnership** between doctors and families


CARE4KIDS: WISCONSIN'S FOSTER CARE MEDICAL HOME

What is Care4Kids?

- Voluntary **Medicaid** program overseen by Wisconsin's DCF and DHS designed to manage the healthcare for children in Out-of-Home Care (OHC) that began in January of 2014
- Administered by Children's Community Health Plan
- Builds relationships between children and their healthcare providers and *recognizes the unique needs of children in Out of Home Care*



Where is Care4Kids?



- 6,907 children in foster care statewide
- 45-50% are in 6 SE counties
- CCHP has an extensive provider network in this area

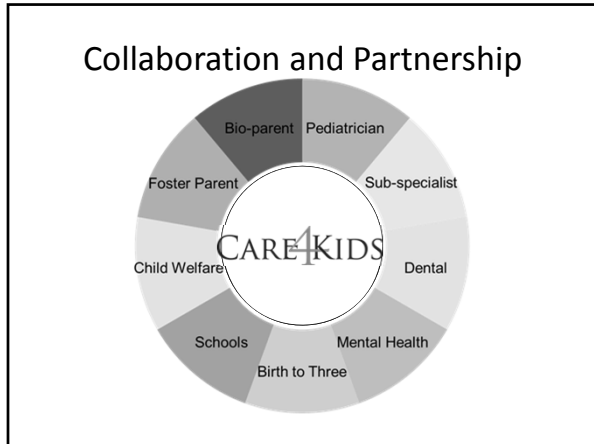
Care4Kids Enrollment

(11/5/15)

County	Children Enrolled
Milwaukee	1,940
Kenosha	300
Racine	276
Waukesha	222
Washington	98
Ozaukee	36
State	38
Total	2,910

Program Aim & Design

- A “Medical Home” model of care
- Organize children’s specific needs in order for providers to be consistent and ultimately more effective in their service delivery (i.e. health care coordination)
- “Trauma Informed” approach to provision of care
- Program Improvement Projects targeting the enhancement of this concept amongst providers



- ### Care4Kids Benefits
- Improve Access, Quality and Outcomes
 - Coordinate Healthcare for youth in OHC
 - Recognizing unique needs of this population
 - Reflecting trauma-informed principles
 - Facilitating comprehensive care that is well-coordinated between providers
 - Case Management via Health Care Coordination Team

- ### Care4Kids Members
- Presumptive Enrollment begins at TPC hearing
 - Enrollment agency attempts to contact bio. parent to explain plan
 - Parents may “opt out” at any time
 - Participation is available for up to 12 months after permanency or age out (as long as the child remains eligible for Medicaid)

Care4Kids
Healthcare Provision Timeline

- Initial Screening Exams within 2 business days of placement (at a Child Advocacy Center)
- Initial Comprehensive Exam within 30 days of placement
- Follow-up visit in 60-90 days for medically complex youth (or sooner if required due to age)

Care4Kids
Healthcare Provision Timeline-Well Child Exams

- Well Child Check-up Frequency is Increased
 - 0-6 months of age: monthly
 - 6-24 months of age: every 3 months
 - >24 months of age: twice yearly
- Based on American Academy of Pediatrics Guidelines for children in OHC
- Increased contact with medical providers facilitates early identification of health needs

**INITIAL FOSTER CARE HEALTH
SCREEN**

What is a Foster Care Health Screen?

- Medical appointment completed within 2 business days of entering OHC
- Screen is focused on:
 - identifying any signs of abuse or neglect
 - checking for communicable diseases
 - ensuring the child has all necessary medications and equipment
 - identifying any acute medical and/or psychiatric issues that need immediate attention

Where does the screen occur?

- Primarily completed at a Children’s Hospital of Wisconsin Child Advocacy Center (CAC)
 - Child Protection Center in Milwaukee
 - CAC in Racine, Kenosha, and Waukesha
- The Physician or Nurse Practitioner completing the exam:
 - Has expertise in caring for children who have suffered maltreatment or who are in OHC
 - Is trained to recognize signs of abuse and neglect
 - Interacts with children in ways that do not cause additional trauma to the child

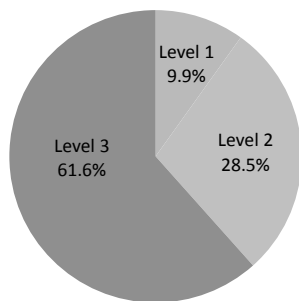
Who schedules the screen?

- Caseworker and Out-of-Home Care Provider must coordinate to ensure the screen occurs
 - Immediately call to ensure that the appointment occurs within two days of entering OHC
 - Scheduling an OHC Health Screen can be done 24 hours a day
- Person taking the child to the appointment varies (child welfare, foster parent, etc.)

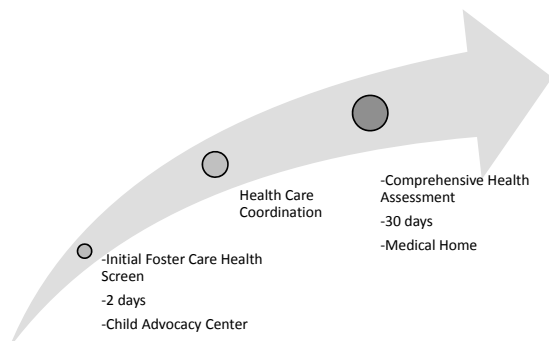
Screen Process and Follow-up

- Screen is estimated to take 45 minutes for children under 12, and 1 hour for children over 12
- Caregiver will be given a letter containing basic information about the appointment and follow-up recommendations
- The child will be identified by triage level using a medial triage tool:
 - Level 1- urgent follow-up needed
 - Level 2- expedited follow-up needed
 - Level 3- routine follow-up needed

Triage Levels Assigned



Care4Kids Coordination



HEALTH CARE COORDINATION

Health Care Coordination

- The Health Care Coordination Team:
 - Gathers and organizes healthcare information
 - Makes healthcare recommendations and tracks referrals
 - Facilitates coordinated healthcare delivery
 - Shares information among healthcare providers to ensure prompt and efficient service delivery based on the child’s needs
 - Model currently includes a 3 person team or “pod” that manages 300 youth

Coordination Team

- Health Care Coordinators (HCC):
 - Are certified Registered Nurses (RNs) or an Advanced Practice Social Workers (APSWs)
 - Have previous experience working with children with special needs or in OHC
 - Oversee and ensures access to healthcare services
 - Develop and revises individualized Comprehensive Health Care Plan (CHCP)
 - Distribute CHCP to all stakeholders involved in the child’s care team
 - 300:1 caseload
- Outreach Coordinators (OC):
 - Are required to hold at least a Bachelor’s degree
 - Have previous experience working with children with special needs or in OHC
 - Assist Health Care Coordinators with duties related to service coordination
 - Execute various outreach efforts with all stakeholders
 - Assist with service referrals and recommendations from providers
 - Assist in scheduling timely appointments
 - 150:1 caseload

Roles and Responsibilities

- Outreach to Caregivers and parents/legal guardians
 - Introduce Care4Kids
 - Call caregivers to alert them about needed appointments
 - Answer questions related to benefits and coverage
 - Find medical or dental homes
 - Member enrollment packets mailed to parents/legal guardians and caregivers
- Outreach to Providers
 - Facilitate making appointments and referrals for members
 - Establish new medical or dental homes
 - Find the child a provider
 - Provide medical history and follow-up recommendations
 - Make follow-up calls to confirm appointments occurred
 - Request labs as needed
 - Request appointment records

Health Care Coordination Team Can Help!

- Communicate
 - Medical and dental appointment recommendations and visit information
- Facilitate
 - Care team meetings to problem solve around a member's complex healthcare needs, including but not limited to youth prescribed multiple psychotropic medications
 - Medication authorizations and transportation
- Collaborate
 - Obtain consents
 - Work with provider and clinics for appointments
 - *Problem Solvers that work to reduce the burden on stakeholders*

COMPREHENSIVE HEALTH EXAM

Comprehensive Health Exam

- Preferably performed at a “Center of Excellence” (CoE)
 - Primary care clinics with an expertise & interest in caring for youth in foster care
 - **Not** mandatory- may be seen by any primary care provider in CCHP*
 - Youth encouraged to stay with the CoE as their medical home provider

*CCHP: Children’s Community Health Plan-most primary care clinics in SE WI are in network

Comprehensive Health Exam Components

Core Components of Comprehensive Exam
EPSDT well child exam
Standardized developmental screen for children <4 years
Standardized mental health screen for children ≥4 years
Dental screen
Immunization update
Review of available past medical history
Metabolic screening if indicated for children on psychotropic meds
Health record sharing with Care4Kids HCC team

COMPREHENSIVE HEALTH CARE PLAN

Comprehensive Health Care Plan

- **Comprehensive Health Care Plan (CHCP)**
 - Developed by Health Care Coordination Team
 - Initially created within 60 days of entering OHC
 - Updated every 6 months OR if a significant event occurs
 - Based on information collected from:
 - OHC Health Screen
 - Comprehensive Initial Health Assessment
 - Other medical history
 - Input from the team
 - Review of eWISACWIS
- **Who receives the child's comprehensive health care plan?**
 - Child welfare caseworkers
 - Health care professionals
 - OHC Providers
 - Child's family
 - Other important adults in the child's life

→ The plan is coordinated and sent by the Care4Kids Health Care Coordination Team ←

Comprehensive Health Care Plan

- Care Plan provides overview of validated medical/dental visits and comprehensive medical history
- Identifies healthcare barriers and unmet needs including next steps/tasks for each child
- Identifies all current providers involved in the child's care with contact information (also accounts for undisclosed addresses per child welfare legal orders)
- Key healthcare communication tool for all stakeholders

POLY-PHARMACY REVIEW

Polypharmacy Interdisciplinary Case Review (PICR)

- A comprehensive case review for children on ≥4 psychotropic medications for 3 consecutive months while enrolled in Care4Kids
 - Includes medication for ADHD, Depression, Anxiety, Psychosis, Aggression, etc
- Interdisciplinary
 - Primary doctor, psychiatrist, therapist, foster parent, child welfare, treatment foster care agency, biological parent/guardian
 - Care4Kids: Health Care coordination team, consulting MD's
- Part of Care4Kids Quality measures

PICR Goals

- Ensure Interdisciplinary information sharing re: psychotropic medication use
- Consider behavioral health and situational issues leading to poly-pharmacy
- Review psychotropic medication for safety and side effects and assure compliance and dosing regimen with providers
- Support trauma-informed approach to care delivery
- Identify unmet needs and develop action plan
- Assure child-specific behavioral health goals are part of shared case plan and are based on holistic understanding of child's situation
- ***NOT to immediately decrease number/dose of meds***

PICR Process

- List of eligible children provided by the state
- Tiered review process, who has highest unmet needs
 - 2 cases selected each month for PICR review
- >20 hours of work goes into preparation
 - Input obtained from child welfare, foster placement, bioparent, school, therapist, prescriber, medical home, and other relevant stakeholders
 - Current medications, doses, as well as medication history for last year obtained
 - Medical/psychiatric records reviewed
- In person meeting with stakeholders and C4K staff, pediatricians, and psychiatrist

PICR Process

- A list of action items is developed
 - Follow-up assigned (Care4Kids, child welfare, etc.)
- Follow-up phone call scheduled in 3mo
 - Review action items
 - Identify additional areas of need/barriers

QUALITY MEASURES

Quarterly Metrics

Out of Home Care Health Screen (1)

Initial Comprehensive Exam (2a)

Mental Health and Developmental Screen (2b)

Developmental Assessment (4)

Mental Health Assessment (5)

Semiannual Metrics


Initial Comprehensive Care Plan (6a)	Updated Comprehensive Care Plan (6b)	HealthCheck Periodicity (7)
Initial Comprehensive Dental Exam (8a)	Continuous Comprehensive Dental Exam (8b)	Metabolic Monitoring for children starting an antipsychotic medication after enrollment (13a)
Metabolic Monitoring for children starting an antipsychotic medication before enrollment (13b)	Updated metabolic monitoring for children continuing antipsychotic medication (13c)	Case Review of children meeting poly-pharmacy criteria (14)

Annual Metrics

Blood Lead Testing (3)	Childhood Immunizations (9a)	Immunizations for Adolescents (9b)
Follow-up after Hospitalization for Mental Health (10)	Emergency Department Utilization (11)	In-patient Hospital Utilization (12)

Future directions

- Improve Quality Measures
- Continue Education & Outreach efforts
- Work on creative solutions for access challenges
 - developmental/MH
 - dental
- Expand program footprint



MORE INFORMATION....

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Wisconsin DHS

WISCONSIN DEPARTMENT of HEALTH SERVICES

Search Wisconsin DHS

About DHS | Data & Statistics | Diseases & Conditions | Health Care & Coverage | Long Term Care & Support | Prevention & Healthy Living | Partners & Providers

Topics A-Z: A B C D E F G H I J K L M N O P Q R S T U V

Long Term Care & Support | Services for Children | Care4Kids Program

Autism Services | Birth to 3 Program | **Care 4 Kids** | Children and Youth With Special Health Care Needs | Children's Long-Term Support Waivers | Family Support Program | Kaiser Permanente

Care4Kids Program

CARE4KIDS

The Department of Health Services and the Department of Children and Families have partnered to implement Care4Kids, an innovative program designed to offer comprehensive and coordinated health

Care4Kids Enrollment &

Horizontal lines for notes.

Wisconsin DCF

WISCONSIN DEPARTMENT of CHILDREN AND FAMILIES

Home | About Us | Family Resources | Programs & Data | Press Room | Contact Us | Search

Find Child Care | Support Family | Summer & Foster Parent | Report Child Abuse

Search

Care4Kids

The Department of Children and Families, and the Department of Health Services are partnering to implement a new program to provide comprehensive, coordinated health care to children in out-of-home care (OHC). Care4Kids will begin in the following counties in southeast Wisconsin on January 1, 2016: Kenosha, Racine, Waukesa, Ozaukee, Washington, and Milwaukee Counties. The state is contracting with Children's Hospital of Wisconsin to provide the Care4Kids program in this area of the state.

What is Care4Kids?

- Care4Kids is a new Medicaid program that provides comprehensive and coordinated health care for children in out-of-home care, in a way that reflects the unique health needs of these children.
- Care4Kids provides children with primary care physicians who are trained in the needs of children in Out-of-Home Care, and also creates a team of professionals who coordinate care for the child.
- Care4Kids will develop a comprehensive health plan for each child that meets the child's unique needs.

What is the goal of Care4Kids?

This new approach to health care will:

- Strengthen quality of care
- Increase access to care
- Improve timeliness of care
- Improve physical and mental health outcomes for children
- Promote improved resiliency
- Create stronger natural support systems for children in Out-of-Home Care

Who is eligible for Care4Kids?

- Initially, children entering out-of-home care through the child welfare system in Kenosha, Racine, Waukesa, Ozaukee, Washington, and Milwaukee counties.
 - Children already in out-of-home care in these counties will be phased in at a later date.
- Children placed in a Court-Ordered Kinship home, a Level 1-4 Foster home, or group home located in Kenosha, Milwaukee, Ozaukee, Racine, Washington or Waukesa county.
- Initially, any child enrolled in the Milwaukee Intensive program is not eligible for Care4Kids.

What benefits will children enrolled in Care4Kids receive?

- An Out-of-Home Care Health Screen within 2 business days of entering care
- A Comprehensive Initial Health Assessment within 30 days of entering care
- A mental health evaluation (if needed)

Children Quick Links:

- Home
- Adoption
- Adoption Records Search
- Child Protective Services
- Child Welfare Licensing Section
- Child Welfare Program
- Child Welfare Training System
- Domestic Violence
- Foster Care
- Interstate Compact on the Placement of Children (ICPC)
- Independent Living
- Indian Child Welfare
- Kinship Care
- Safe & Stable Families
- Statewide Internet Parental Involvement Registry
- Subsidiary Guardianship
- Title IV-E
- Child Welfare Complaint Procedure
- Contact Us

Horizontal lines for notes.

Children's Community Health Plan

The screenshot shows the website for Children's Community Health Plan. At the top left is the logo with the text "Children's Community Health Plan". To the right is a search bar with a "Search" button. Below the search bar is a link: "About Children's Hospital and Health System".

The main content area is titled "Care4Kids". It includes a small photograph of a woman and a child. The text describes Care4Kids as a new Medicaid benefit providing comprehensive health care for children in Out-of-Home Care. It emphasizes a philosophy of coordinated and comprehensive healthcare that addresses unique needs, involving primary care physicians and a team of professionals.

Below the main text, it states: "Facilitated by a Health Care Coordinator, this team is comprised of the county caseworkers, health care professionals, Out-of-Home care providers, and the child's family. This team works together to ensure that children entering Out-of-Home Care will receive timely, individualized and developmentally appropriate care by physicians trained in evidence-based and trauma-informed care. This new approach to healthcare will improve physical and mental health outcomes for children, as well as promote improved resiliency and create stronger natural support systems for children in Out-of-Home Care."

At the bottom of the section, it says "Care4Kids Benefits".

On the left side of the screenshot is a navigation menu with the following items: "About Us", "Member Information", "Programs and Services" (with sub-items: Care Links, Prenatal Care Coordination, Newborn Welcome Packets, Finding a Primary Care Provider, Lead Testing Outreach, Diabetes Outreach, Asthma Outreach, Emergency Room and Urgent Care Guidelines, Care4Kids, Tobacco Cessation), "Find a Primary Care Physician or Other Doctor", "Pharmacy", "Information for Providers", and "Contact Us".

Contact Information

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